**MINUTES OF PPG MEETING 24-06-25 VENUE: No.65 High Street, Nailsea.**

**PPG Members Present**

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| **Initials** | **Attend/Apologies** |
| JA |  |
| CB | Apologies |
| MC |  |
| SJC | No attendance |
| AG |  |
| BH | Apologies |
| MK |  |
| TM |  |
| VM | Apologies |
| PN |  |
| SP | No attendance |
| PP | No attendance |
| AP |  |
| RER |  |
| BR |  |
| RR |  |
| JR | Apologies |
| DS |  |
| DT |  |
| HW |  |
| RW |  |
| HO |  |
| PR |  |
| Dr |  |

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| 1 | **Membership and Attendance**  Apologies and those not present: see list above. |
| 2 | **Age without limits event feedback. Venue: Tithe Barn, Nailsea. Date:12th June (all day event)**  Feedback from HO. Evidently this was a huge success with around 100 attendees. HO reported there was enough feedback/ activity to trend on Twitter.  HO thanked CBJ and RER from the PPG who attended and helped out on the day.  The morning activity comprised Line dancing and the afternoon Barn Dancing.  There was a 2-hour break between the sessions for a free lunch and for a chance to socialise further.  Transport was organised with NCDT for those unable to get to the event themselves.  The Line Dancing was particularly popular and further sessions are being looked into as a result. Ideas around potential venues were put forward by members present at the meeting.  Overall, transport costs were less than expected but the food costs were more as a result of the large number of people who registered for the event.  The budget received for the event was £650  The PPG put in an additional £51.46 on top to cover all necessary costs.  **Nailsea Physio. Free Seminar Feedback**  This event was the first of 6 one-hour events planned over the next 3 months.  It was held on **Monday 9th June** at No 65 High St, Nailsea. Topic: **Avoiding injuries when Gardening.**  There were 3 attendees and it was evidently well received.  No 65 was felt to be a good venue for these seminars. It is now a question of how best to promote.  Members of the PPG will hopefully help with this. |
| 3 | **Planning for the Farmers Market Stand on Sat. 19th July**  A stand with a Canopy cover will be provided to be placed directly opposite No 65 High St.  A table and 2 chairs will be provided for the GP (Dr Katherine Parker) and Practice Nurse to encourage people to come and have their **BP taken.**  A **PPG** full height **display stand** will be used. A number of Noticeboards have been reserved to allow us to publicise the PPG (membership forms, recruitment poster and a suggestion box) and to raise awareness of health matters chosen. The Committee will prepare the boards at No 65 on Friday 18th (2 pm)  **Sepsis** posters to be provided by TMG  **Arrhythmia Alliance** to provide leaflets/material that can be handed out to the public. (BH to bring)    **Healthy eating and Ultra Processed Foods**. Leaflets to be provided by TMG.  Awareness of changes to Infant Vaccination regimes may also be included.  DS has approached Waitrose and 2 local greengrocers who will be supplying fresh fruit for our stand and she offered to make some wholesome ‘extras’ to attract people to the stand.  **Volunteers for the day**  It was felt we should be ready to set the stand up at 08.30 in readiness for the 9am start.  Early shift (08.30-11) Late Shift (11-1)  JA VM  RW DS  DS DT  CBJ RR  MK |
| 4 | **TMG Input**  TMG have recently received some extra funding for Women’s Health.  They are planning some Group Consultation evenings around the menopause to be held at Tower House Practice. It is the only suitable venue but will include the wider patient population across all four practices. The subject of who best to target arose, and which age group. Care may be needed to avoid being oversaturated.  The funding will be put towards training for all staff with more nurse training around implants and for doctors on pessaries. The training will be funded by the ICB (Integrated Care Board).  TMG advised there are new guidelines out on cervical screening. TMG are now part of the trial for home screening for Cervical cancer. Results are sent directly to the patient with a copy to the GP. Regular searches are carried out by the practice to capture people who are registered patients but tend to be or are non-attenders. People are encouraged to attend evening or Saturday morning appointments.  In relation to this, MK raised the subject of the recent national news item that there is a reduced uptake on the HPV (Human Papilloma Virus) vaccination offered by schools to girls aged 13 (Year 8) to help offer protection against future Cervical cancer.  **PR** responded to the question raised by RER around the Pre diabetes online Zoom meeting which a number of TMG patients had been sent an email about. Whilst a search had been carried out from the TMG database, numbers were limited so patients were chosen randomly. It was not controlled by TMG. |
| 5 | **Minutes from previous meeting in May and Matters Arising**  **Minutes were approved.**  **Matters arising; -**  The BP machine at Tower House has now been sorted.  Further work is needed on the recruitment poster. Is in the process of being updated.  ‘Availables’ JA had looked into whether volunteering to be a driver would affect your driving insurance policy premium. Conclusion is each individual company would need to be contacted. |
| 6 | **Treasurers Report**  The PPG account balances as at 24/06/2025  Total £1186.64 of which: -  £75.59 are non-designated funds (PPG running costs such as stationery/equipment/insurance)  £1111.05 are designated funds.  RER reported the last top up received from TMG was in March 2023. TMG monies are only used to run the PPG, normally on request. We need to continue with our annual Public Liability Insurance.  On discussion with PR, it was agreed that TMG would give the PPG an annual amount as an ongoing way of managing the account.  **MC** thanked RER for her work as the Treasurer. |
| 7 | **Communications**  School/student membership: DT has emailed both Nailsea and Backwell Secondary Schools and is waiting for their response. 2 Students from each school have been suggested in terms of managing numbers in the PPG within the group. AP agreed it would be good to promote active involvement and to include research topics for them to present.  F&F Dr Gilbert thanked members present for the feedback they receive around the care provided. She said it was always given to the individual member of staff and how much it was appreciated and acted as an important boost for morale.  Getting Minutes on the website asap (A Facebook comment).  The process requires a certain number of checks to be done, including by the Practice (PR) before they can be approved to be placed on the website. A safe process needs to be upheld before the final copy of the minutes is put out into the public domain. |
| 8 | **AOB:**  **HO** said she had been in discussion with Helen Todd (TMG social prescriber) around the subject of Chronic Pain management. There is some talk around trying to set up a Chronic Pain café and HO would like to do a workshop possibly in conjunction with a Physio. from Sirona care.  **HO** looking further into CYPS (Children and Young Peoples Services) together with Dr Tanya Beer who has a special interest in this field.  **HW** had some feedback from the BRI Pharmacy following her suggestions as to how to make the Pharmacy more user friendly. These included picture references and a simple display of instructions to help streamline the service and improve the patient experience of waiting for medicines.  **DT** read out the card from the Tower House PPG suggestion box referencing too many notices in the waiting area with reduced impact on patients. Suggestion to declutter and to make more use of the TV screens to deliver digitally.  Action: PR in agreement and to look into. |
| 9 | **NEXT MEETING**: **Tuesday July 22nd**  **AT**: **7pm**  **MEETING LOCATION**: **No.65 High St, Nailsea** |